

**NEWPORT YACHT CLUB 2023 FROSTBITE SERIES
NOTICE OF RACE AND SAILING INSTRUCTIONS
REGISTRATION OPENS 1 December 2022**

Special Note: Covid Guidance:

The fleet will be adhering to COVID health and safety guidance as established by the host club. **If any competitor feels sick, for any reason, do not sail, do not come down to tell us you're sick.** We will be prepared to follow RI State Covid 19 recommendations and those of Newport Yacht Club.

Rules

Racing shall be conducted in accordance with the Racing rules of Sailing for 2021-2024 and the US SAILINGS's prescriptions thereto, and these sailing instructions.

Special Note: No one likes to protest but sometimes it is needed when another sailor has gained an advantage by not following the racing rules of sailing. Know the rules. Sail by the rules. Use the rules as a shield – not a sword.

Entries

Registration will be capped at 40 participants for the 2023 season. First priority will be afforded to Newport Yacht Club members; registration for members begins Dec 1 – 11. Registration will open to non-yacht club members, past qualifiers, between Dec 12 and Dec 18. Registration will open to non-yacht club members, that have not frostbite before at NYC between Dec 19 and Dec 23. Registration will close Dec 24 or when 40 qualified registrants have been received.

Notices to competitors

Notices will be on the Frostbite desk during the race day. Basically boat rotation.

Schedule: Dates and Location

Racing will begin on 1 January and will continue on consecutive Sundays through April 16 excluding April 9 Easter. The Race Committee will attempt to conduct a minimum of six races on each day, daylight and weather permitting. Races will be conducted between 1200 and approximately 1600 hours. ALL racers are required to be at the club by 11:30 to assist in rigging boats, determining fleet divisions and acting as race committee. All races will be sailed in the inner harbor, directly in front of the Newport Yacht Club.

20/20 Rule

Races will NOT be started if the temperature is less than 20 degrees Fahrenheit or the wind exceeds 20 knots.

Courses

Courses and mark roundings will be announced verbally to all skippers prior to the start of each race. Failure to get the course from the race committee boat is not reason for redress. Due to conditions and the desire to run multiple races daily courses are traditionally short, Windward, Leeward, Windward, Reach to finish. When possible races are finished off the end of the south NYC dock to facilitate boat rotation. Please be on the dock to help your boat in. Courses will be discussed on the first day of sailing.

Starting and Finishing

The starting line will normally be between the “Crash Boat” aka as “the race committee boat, RC” and a nearby starting mark. The sound signals will be made with “Ollie” – an automated start system according to appendix U of the RRS.

Starting Sequence

The race committee will manually activate the horn with a repeated signal, usually 5 blasts, to get the attention of racers that the sequence is about to start. The horn is then activated to the start position for 3 minute dinghy starts.

3 Long Blasts – 3 minutes to start

2 Long Blasts – 2 minutes to start

1 Long Blast, 3 Short Blasts – 1 minute 30 seconds to start

1 Long Blast – 1 minute to start

3 Short Blasts – 30 seconds to start

2 Short Blasts – 20 seconds to start

1 Short Blast – 10 seconds to start

1 Short Blast for Each Second in 5 Second count down to start

Fair Start/Recall

The Race Committee will signal a fair start by shouting “**ALL CLEAR.**” In the event of an OCS, On Course Side = Over Early, the RC will **attempt** to notify competitors by hailing sail numbers. **It is the responsibility of each skipper to start properly.**

Assumption of risk

In accordance with section 7-6-9 of Rhode Island General Law, competitors waive any liability that the Newport Yacht Club, its officers, agents or employees might have for bodily injury. It is the sole responsibility of each competitor to decide whether or not to start or continue to race.

Qualification

The number of races sailed by the competitor who has sailed the most races in the season shall serve as the basis for qualifying. A competitor qualifies if he/she has sailed at least 60% of that number.

Fouls and Protests

Note that there is no requirement for a red flag in *Rule 61.1 (a), Informing the Protestee*, of the *Racing Rules of Sailing* for boats of the size we are using. The Two Turns Penalty, *Rules 44.1 of the Racing Rules of Sailing* is **changed** to a **One Turn Penalty: one tack and one jibe**. Written protests shall be filed within one-half hour of the last race of the day if the foul was not exonerated by one of the parties taking a penalty turn or withdrawing from the race. The parties involved must be available for a hearing when the protest is filed.

Special Instructions

a. Registration and waiver forms must be filled out and submitted by the first race day. ***A registration fee must be paid by each competitor by the start of the second race day.*** The fees are:

NYC Member: \$150

Non-Member, Newport, RI Resident: \$200

Non-Member/Non Resident: \$225

Juniors – Under Age 18: \$75 *must be 14 as of January 1 or with Frostbite Committee approval*

b. Each competitor must sign-in by 1145 hours on each race day. Failure to do so may jeopardize the competitor’s opportunity to race that day.

- c. Participants are required to wear, **WITHOUT EXCEPTION**, a properly secured personal floatation device, that is not an inflatable. while racing, in the crash boat or support boat and while on the docks. No one should be on the dock alone.
- d. Participants age 18 and under are required to wear a dry suit and PFD at all times while on the dock and while on the water in any boat.
- e. **If a boat capsizes:** the race is abandoned immediately, signaled by multiple blasts from the crash/RC boat. **All racers not involved in assisting shall return to the dock and tie up. The crash boat or support boat will render immediate assistance to the disabled sailor and boat.**
- f. Boats should not be sailed until the crash boat is manned, ready and underway.
- g. All racers will be broken into fleets. We have 12 boats. 30 participants and above there will be 3 fleets. Current standings will determine fleet placement. Boat rotation and swaps will be using the Fleet Race Direct Swap. Before the first race, each racer (or a committee member) will blind draw a sail number. That will determine the sequence of boats the racer will use for the day. **ODD = UP, EVEN=DOWN** Example: 1st race you have boat 5 then for the following races you have 6,7,8. 1st race you pull 4 then go to 3, 2, 1 If there are more racers that the number of boats in each class, an X will be added to the draw of sail numbers. An X drawn is a qualifier for that race. A rotation chart will be available throughout the day. Only one X per day.
- h. While A fleet is racing, B fleet will start and finish the race and man the crash/RC boat and finish on the dock. While B fleet is racing A fleet will do RC/crash boat duty and finish at the dock. Please be prepared to help the racing fleet in so you can get into your boats as they arrive.

Scoring

Rules A2 Series Scores and A4 Low Point and Bonus Point Systems, of the Racing Rules of Sailing shall be replaced by the Cox-Sprague scoring system. Breakdowns are scored as qualifiers.

Reporting Damage

Please notify the Frostbite Committee if there is any mechanical or structural problem with any of the boats. Including crash and support boats. We will attempt to fix it by the following week of racing.

Organizing Authority and Host Facility

Newport Yacht club is the Organizing Authority, host facility and the owner of the boats being used. It is expected that competitors will treat the boats, the facility and fellow competitors with respect and good sportsmanship.

2023 Frostbite Committee
Bea Grimmitt – chair
Mary Ann Jencks
Caryn Cummings

12/1/2022