



Newport Yacht Club

Chartered 1894
P.O. Box 488
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SAILING INSTRUCTIONS 2005 SPRING AND SUMMER CRUISING SERIES

I. GENERAL INSTRUCTIONS

1. RULES

Racing will be governed by the 'rules' as defined in: (1) the *Racing Rules of Sailing (RRS)* for 2005-2008, including the prescriptions of U.S. Sailing; (2) Class Association rules for One-Design classes; (3) these Sailing Instructions; and any amendments thereto. This is a Club event. Other yacht clubs or sailing association members are invited to enter.

2. ELIGIBILITY

- 2.1 Boats that have completed the registration requirements with the Newport Yacht Club shall become eligible boats.
- 2.2 A boat will become an eligible boat once it has properly registered with the Newport Yacht Club by completing a Newport Yacht Club 2005 Spring/Summer Registration form, a 2005 PHRF Narragansett Bay rating certificate, if competing under PHRF rating, and has paid the registration fee.
- 2.3 To compete and be scored, a boat must be an eligible boat.
- 2.4 The Newport Yacht Club will provide a separate start for the Ensign class in the Summer Series if five or more yachts are properly registered by July 6, 2005.

3. SCHEDULE OF RACES

- 3.1 The Spring Cruising Series will begin on May 18, 2005, and will continue on each following Wednesday evening through July 6, 2005.
- 3.2 The Summer Cruising Series will begin on July 13, 2005 and continue on each Wednesday evening through August 31, 2005.
- 3.3 Any lay days within this schedule applying to a specific class or design shall be determined by the fleet captain of that class or design and submitted to the NYC Regatta Committee at least two weeks prior to such lay day.

4. CHECKING IN

Each boat should sail by the race committee before the preparatory signal to identify by voice the boat sail number and class in which it will be racing.

5. SPECIAL INSTRUCTION #1

Yachts withdrawing from a race shall so inform the race committee as soon as possible on ch. 78. Any vessel without a radio will report their withdraw to the dock office upon their arrival and ask to have the information relayed to the race committee. Failure to comply may result in disqualification.

6. SPECIAL INSTRUCTION #2

All deepdraft vessels and tugs/barges have right of way over sailing vessels. Respect of these rights is mandatory under the rules of the road.

7. SPECIAL INSTRUCTION #3

Discard of any trash into the water while racing is grounds for disqualification.

8. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Regatta Bulletin Board located at the Newport Yacht Club, 110 Long Wharf, Newport, RI. and may be posted on the internet at <http://www.newportyachtclub.org/racing> .

9. CHANGES IN THE SAILING INSTRUCTIONS

Any changes in the Sailing Instructions will be posted before 1600 hours on the day it will take effect.

II. RACE COMMITTEE SIGNALS

1.0 SIGNALS MADE ASHORE

- 1.1 Signals made ashore will be hoisted on the flagstaff at the Newport Yacht Club and broadcast on VHF Channel 78 at or before 1700 hours.
- 1.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 60 minutes’ in race signal AP.
- 1.3 Code flags "N" over “A” followed with 3 sound signals means "All racing is abandoned, No more racing today."
- 1.4 Fog and any other conditions deemed unsafe for crews or yachts may be cause for abandonment at the discretion of the Race Committee. Signals will be made accordingly on shore and in the starting area.
- 1.5 NYC will monitor and make announcements using VHF Channel 78.

2.0 STARTING AREA SIGNALS

- 2.1 Starting signals will be made in accordance with the *RRS Rule 26*
- 2.2 The scheduled time for the warning signal for the first race each day is 1800 hours. Course signals will be displayed on the starboard side of the Race Committee Boat. Information for each Class reads top to bottom below the numeral or class insignia for each class.
- 2.3 Code flags "N" over “A” followed by 3 sound signals means "All racing is abandoned, No more racing today."
- 2.4 The starting line will be between the orange flag or shape on the race committee boat, and the port end-starting pin or shape.
- 2.5 Boats whose **Warning** signal has not been made shall keep clear of the starting area
- 2.6 A boat shall not start later than 4 minutes after its starting signal.
- 2.7 **TWO OR MORE** boats of the same class must appear in the starting area for a race to be started for that class. Once a boat has properly started, she may not sail through the start/finish line, other than to finish.

3. CLASS DESIGNATORS AND FLAGS

- 3.1 PHRF Class divisions will be as follows unless amended based on the ratings of registered yachts.
- 3.2 Notice of amendments will be made as stated above under Changes in the Sailing Instructions.
- 3.3 **Spring Series**

Class	Rating	Flag
Class I	PHRF rating 180 and below Spinnaker	Pennant 1
Class II	PHRF rating 180 and below non -Spinnaker	Pennant 2
Class III	PHRF rating 181 and above non -Spinnaker	Pennant 3
Class IV	Multi-Hulls	Pennant 4

3.4 Summer Series

Class	Rating	Flag
Class I	PHRF rating 180 and below Spinnaker	Pennant 1
Class II	PHRF rating 195 and below non -Spinnaker	Pennant 2
Class III	PHRF rating 181 and above Spinnaker	Pennant 3
Class IV	PHRF rating 196 and above non -Spinnaker	Pennant 4
Class V	Ensign One Design	Pennant 5
Class VI	Multi Hulls	Pennant 6

4. STARTING SEQUENCE

- 4.1 The warning signal for the first start will be sounded at 1800. The starting sequence is as indicated below. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.
- 4.2 Two classes may be started at the same time, for example I & III and II & IV during the summer series. Both class flags shall be flown in this case.
- 4.3 Rolling starts will be used whenever possible.

Signal	Flag and Sound	Minutes Before Starting Signal
Warning	Class Flag; 1 sound	5
Prep	P; I; Z; Z+I or black flag(s); 1 sound	4
Prep	Preparatory flag removed; 1 long sound	1
Start	Class flag removed; 1 sound;Next class flag when rolling	0

5. RACING AREA

The starting line will be located in the area between Goat and Rose Island.

6. THE COURSES

- 6.1 Courses will be selected from the 1998/2000 South Bay Racing chart. The course for each class will be posted under its designator on the committee boat.
- 6.2 A number 2 (two) in parentheses under a course indicates that the entire course is to be sailed twice around. However, this does not include sailing through the start/finish line at the end of the first lap, unless the start finish pin is also a mark of the course.
- 6.3 All government aides to navigation **MUST** be observed, except in the leg of a race where it is used as a turning signal in which case rounding of the mark will be defined by the course identified for that race. **REMINDER: Narragansett Bay is a restricted waterway for commercial shipping.**

7. PENALTIES

- 7.1 *Rule 44.2, "Two-Turn Penalty"*, will be in effect.
- 7.2 Immediately after finishing the race, any boat acknowledging a penalty must notify the Race Committee and identify the boat that was fouled.

8. THE FINISH

8.1 The finish line will be between the orange flag or shape on the race committee boat, and the nearby pin or shape.

9. TIME LIMIT

The first boat in a class must finish before 30 minutes after sunset at Newport; any boat not finishing within one hour after sunset will be scored DNF.

10. PROTESTS

10.1 Protests shall be filed at the Newport Yacht Club within 2 hours of the boats finishing time.

Protest forms are available at the Newport Yacht Club. Protestors will give the completed forms to a member of the race committee so as to guarantee proper custody of the form

A protesting boat must display a red protest pennant and notify the Race Committee upon finishing its race.

10.2 A boat may not protest a boat for an alleged breach of *RRS 75.2* with respect to ISAF Regulation 21.1(b). This changes *Rule 60.1(a)*.

12. SCORING

12.1 Races will be scored using the low point system of the *RRS Appendix A, A4 (Low Point and Bonus Systems)*.

12.2 Each yacht entered in a series shall be scored for each race started by the race committee and not subsequently abandoned.

12.3 A yacht's series score shall be the sum of her race scores for the 60% of her scores for which she had the lowest score. That is, the 3 lowest out of 5, 4 of 6, 5 of 7, 5 of 8, etc. An exception is that all scores resulting from disqualifications shall be counted as part of the 60%.

12.4 No unregistered boat will be scored.