

Carlsberg SOLO/TWIN
July 8, 1988

RACE INFORMATION AND SAILING INSTRUCTIONS

The Challenge...

The Carlsberg SOLO/TWIN are competitions in the tradition of shorthanded sailing. The course will emphasize seamanship, navigation, and self-reliance more, and pure boat-speed less. Each participant's endurance, self-reliance, and courage will be challenged as it rarely can be in this modern age.

Because the completion of this race is a singular accomplishment, all who finish will be winners of the event.

Sponsorship

The race is entirely organized and supported by amateur sailors who intend the race as a non-profit sporting event. The race is sponsored by the Goat Island Yacht Club, Ltd. and by the Carlsberg Brewery Limited.

The rules and sailing instructions are published by the Race Committee, who reserve the right to amend or add to the rules at any time up to the start of the race, such amendments being immediately promulgated to all entrants. Additional instructions will, in any case, be issued by the committee at the skipper's meeting, attendance at which is required for all entrants.

Calendar

- July 1, 1988 - Close of Entries
- June 26, 1988 - Final day for completing qualifying sail
- July 7, 1988 - 10 am to 5 pm, Inspection of yachts & equipment
7:30 pm, Skipper's Meeting, Location to be announced
- July 8, 1988 - Start 1200 Multihulls
1230 Monohulls
- July 9, 1988 - Finish
- July 9, 1988 - 6 pm: Bar opens
7 pm: Dinner and awards presentation, Goat Island

Race Committee

Elise Black
Steve Black
Rick Downing
Bill Dubuc
Jim Holman

Patty Pettengill
Steve Pettengill
George Pike
Mary Beth Pike
Peggy Wood

Purpose of the Race

Carlsberg SOLO/TWIN is intended to encourage competition in the tradition of singlehanded and shorthanded sailing and passagemaking. While recognizing the inherent danger in the sport, the race is organized to promote and help develop techniques and equipment which will foster safe and seamanlike shorthanded sailing.

Responsibility

The decisions to enter, to start, and to continue racing are entirely the participant's. Every participant must recognize the risk inherent in such a venture and take full responsibility for the safety and well being of themselves, their vessels, and the other people and vessels they may encounter during the event.

Participants are expected to be self sufficient and to be prepared to handle any emergencies that may occur without outside assistance.

By electing to participate, each participant agrees to indemnify and hold harmless the race committee, The Goat Island Yacht Club, its officers and members, Carlsberg Brewery Limited, and all affiliated parties from any loss or damage to his or her person or property.

The "Notice of Races" and "Equipment List," published separately, are considered part of these sailing instructions. A copy of — these sailing instructions must be carried during the race.

Description of Race

Monohull:

The Course will be 97.4 miles, starting and finishing in Newport Harbor, off Goat Island. From the start, the course is southward, leaving Brenton to port, to R"2" Fl R 4 sec whistle (off point Judith), leaving to port; thence to RW "A" Mo(A) horn racon (SE of Block Island) to port; thence to R "2" FL R 4 sec whistle (south of Nomans), leaving to port; thence to Buzzards Fl 2.5 sec horn to port. Thence, back to R "2" Fl R 4 sec whistle off Point Judith, leaving to starboard; thence to finish line between Castle Hill (Rams Head) and Gong "7".

Multihull:

The Course will be 201 miles, starting and finishing in Newport Harbor, off Goat Island. From the start, the

course is southward (leaving Brenton to port), thence to G "1BI" (north of Block Island), leaving to port; thence to BW Mo (A) "MP" whistle (SE of Montauk Pt), leaving to port; thence to R "8DS" Fl R 4 "sec" whistle (south of Nantucket), leaving to port; thence to Brenton Tower, leaving to starboard; thence to the finish line between Castle Hill (Rams Head) and Gong 7.

It is not the intention of the race committee to prescribe piloting or navigation techniques to the participants, but attention is directed to the main navigational hazards marked by government buoys along the course.

Awards

Award presentations will be made at the dinner, Saturday, July 9.

Placings will be determined by class handicap. First, second, and third place awards will be made in each division. Trophies will be awarded for the first **Carlsberg monohull** and for the first **CARLSBERG multihull** to finish.

The race committee reserves the right to provide additional awards for exceptional seamanship or sportsmanship.

Check-In and Registration, Thursday, July 7

Each entrant must check-in with the race committee no later than 4 pm. Boats must be made available for inspection no later than 5 pm. Entrants are encouraged to contact the race committee at Goat Island Marina as early as possible in the day.

The race committee will be on duty from 10 am in Newport. The committee will be monitoring VHF channel 72 for those arriving by boat. Call "Solo/Twin Race Committee."

Attendance at the skipper's meeting, 7:30 pm at the Museum of Yachting, is mandatory for all participants. Additional information on the start and finish will be provided at that meeting.

Moorage & Dockage

The race committee will try to assist participants in locating moorings, anchorage, or dockage; however, participants are encouraged to make arrangements as far in advance as possible, recognizing the seasonal crowding of Newport harbor.

Handicaps

PHRF handicap system will be applied.

Multihulls will use the Greene performance handicaps of the New England Multihull Association.

Starting Sequence

These sailing instructions take precedence over the Race Circular where a conflict exists.

- a) Starting Line is between a R/C Flag on the committee boat and a marker buoy west of Goat Island.
- b) Starting Signals are as follows: (with horn at each signal and gun at the start):

Multihulls

Warning	1150	White Cylinder
Preparatory	1155	Blue Cylinder
Start	1200	Red Cylinder

Monohulls

Warning	1220	White Cylinder
Preparatory	1225	Blue Cylinder
Start	1230	Red Cylinder

Each signal will be lowered ONE MINUTE before the next signal is hoisted.

- c) Postponement will be indicated by Code Flag "AP" (Answering Pennant) accompanied by two guns. Postponements will be for an indefinite number of five minute periods. One minute after the lowering of Code Flag "AP", which will be accompanied by one gun, the Warning Signal will be made.
- d) Recalls will be signalled by Code Flag "X" and a blast of a horn for each yacht over early. The Race Committee will attempt to notify each yacht recalled via loud hailer or radio (VHF CHANNEL)
- e) General Recall will be signalled by Code Flag "First Repeater", accompanied by two guns, and indicates the class is recalled for a new start. One minute after the lowering of the First Repeater, which will be accompanied by one gun, the Warning Signal will be made. For the restart, provisions of IYRU Rule 51.1 (c) will not apply (around-the-ends-rule).
- f) All skippers must be able to see under their sails and have clear visibility at the start to avoid any accidents. Skippers must also sail by the committee boat and verbally check in with the Race Committee before the start.
- g) Rules: The 1985-88 IYRU Rules as adopted by USYRU will govern except as modified by the Race Circular, these Sailing Instructions or any published amendments by the Race Committee. Alternative penalties of Appendix 3 will not apply.

h) Inland or International (as appropriate) regulations for preventing collisions at sea will replace the corresponding IYRU Rules of Part IV between sunset and sunrise.

i) Course: See description of race.

j) Finish Line A line from Gong "7" to Castle Hill Lighthouse.

k) Each yacht will take the time of her own finish and enter such time in the log. The Race Committee will be monitoring channel 72 starting at 0800. Finish times must be reported within 30 minutes of a finish. Those finishing before 0800 may attempt to reach the Race Committee at that time; however, if no response, radio in at 0800.

During the Race

Pennant. During the race, every yacht is required to fly a racing pennant (Carlsberg SOLO yachts: Numeral 1, red circle on white background. Carlsberg TWIN yachts: Numeral 2, white circle on blue background.) The pennant should be flown from the backstay approximately six feet from deck level.

Race Log

Each entrant must keep a race log in which must be recorded:

- * The time of roundings of all marks.
- * The time of finish.
- * The times and duration of engine operation.
- * Any other information which the entrant deems pertinent.

If requested, entrants must surrender the race log to the race committee at the conclusion of the race. Any race logs thus surrendered will eventually be returned to the entrant.

Reporting

Competitors are required to attempt to make radio contact with other participants (VHF channel 72) at 0200, 0800, 1400, and 2000 hours during the race. The radio is to be monitored for 15 minutes at the aforementioned times. Approximate location and any other pertinent information should be exchanged once contact is made. At all other times, competitors are encouraged to monitor VHF channel 16.

Approximately 30 minutes prior to finishing, each competitor should attempt to contact the race committee (VHF Channel 72). Communication among participants should be made only on Channel 72, except in the case of emergencies. No participant may arrange contact with non-participants which would benefit them to the exclusion of other competitors.

Time Limit

To qualify as a finisher, a yacht must cross the finish line within 48 hours of the first yacht to finish. Competitors must record their finish time and attempt to notify the Race Committee.

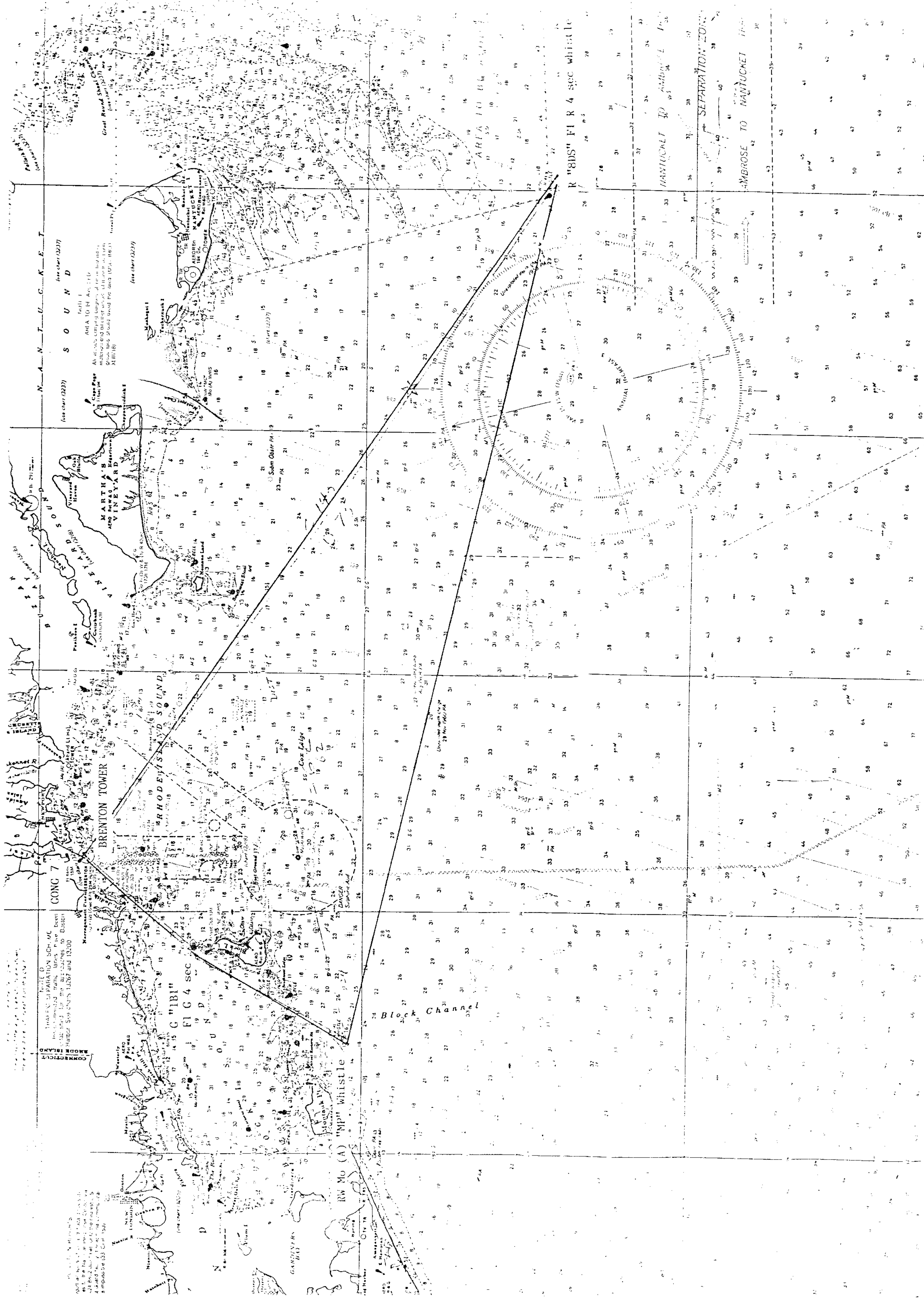
Seamanship

The race committee stresses that the spirit of this race is to complete a safe and seamanlike passage. The fact that a race event is being held does not condone unseamanlike conduct in maintaining a proper lookout or in conditions of fog, traffic, or fatigue.

For further information, contact (401)847-5419

- 1) Protests will be submitted in duplicate on USYRU Forms to a Race Official at Race Headquarters, and must be received within two hours of the protesting yacht's finish.

CARLSBERG SOLO TWIN MULTHULL COURSE 1988



1. The first step in the process of identifying the problem is to determine the scope of the problem. This involves identifying the specific areas of the organization that are affected by the problem and the extent of the problem.

Carlsberg SOLO/TWIN
July 8, 1988

COURSE DESCRIPTION AND STARTING SEQUENCE

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- July 9, 1988 - 6 pm: Bar opens
7 pm: Dinner and awards presentation, Goat Island

Description of Race

Monohull:

The Course will be 97.4 miles, starting and finishing in Newport Harbor, off Goat Island. From the start, the course is southward, leaving Brenton to port, to R"2" Fl R 4 sec whistle (off point Judith), leaving to port; thence to RW "A" Mo(A) horn racon (SE of Block Island) to port; thence to R "2" Fl R 4 sec whistle (south of Nomans), leaving to port; thence to Buzzards Fl 2.5 sec horn to port. Thence, back to R "2" Fl R 4 sec whistle off Point Judith, leaving to starboard; thence to finish line between Castle Hill (Rams Head) and Gong "7".

Multihull:

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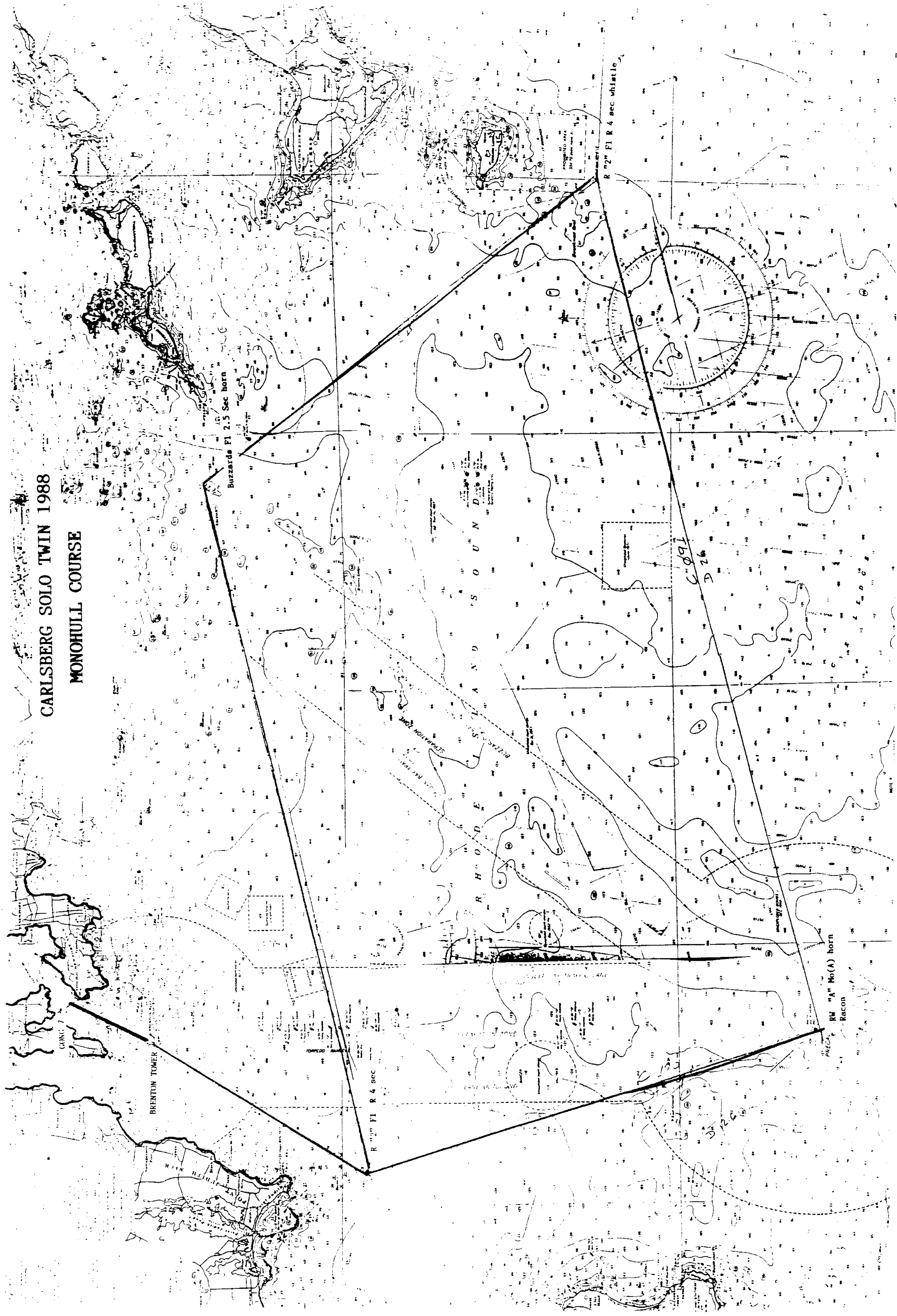
Time Limit

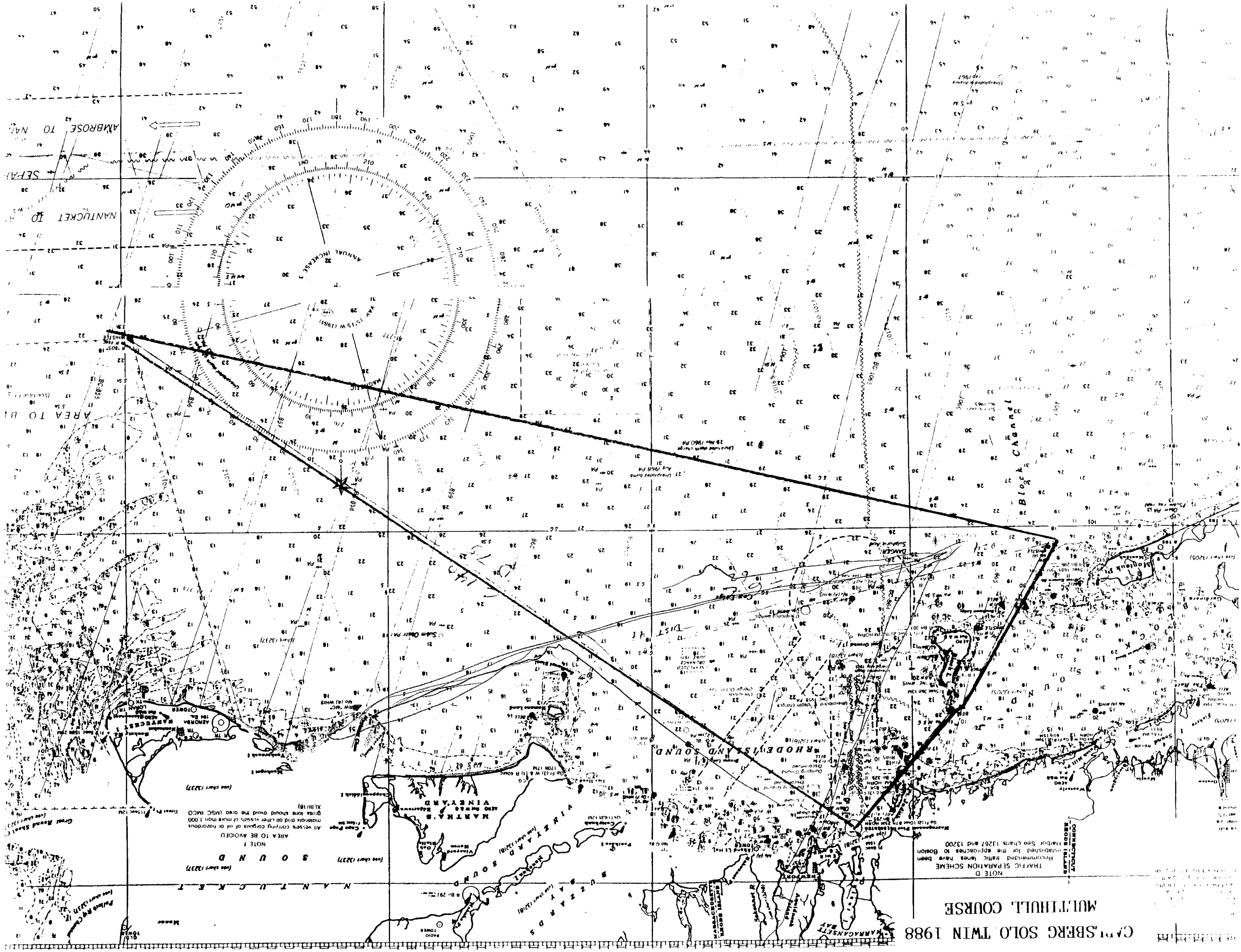
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CARLSBERG SOLO TWIN 1988

MONOHULL COURSE





CAPT. SBERG SOLO TWIN 1988
MULTI-HULL COURSE

NOTE D
TRAFFIC SEPARATION SCHEME
Recommended traffic lines have been
established for the approaches to Boston
Harbor. See charts 13267 and 13200.

NOTE F
(See chart 13237)
SOUND
AREA TO BE AVOIDED
All vessels carrying cargoes of oil or hazardous
materials and all other vessels of more than 1,000
gross tons should avoid the area (MSC IMCO
XLR/10)

NANTUCKET TO
SEPARATE
AMBROSE TO NANTUCKET

DESCRIPTION OF THE RACE

ALTERNATE COURSE B

Multihull:

The course will be 117.8 miles, starting and finishing in Narragansett Bay.

From the start, the course is southward, leaving R "2" Fl R 4sec WHIS (Brenton Reef) to port; thence, southeast to R "2" Fl 4sec WHIS (Southwest Shoals), leaving to port; thence to RW "MC" Mo (A) WHIS (Muskeget Channel) leaving to port; thence to RW "A" Mo (A) horn Racon (SE of Block Island), leaving to starboard; thence to the finish line between Castle Hill (Ram's Head) and Gong 7.