

Carlsberg SOLO/TWIN

August 14, 1987

RACE INFORMATION AND SAILING INSTRUCTIONS

The Challenge...

The **Carlsberg SOLO/TWIN** are competitions in the tradition of shorthanded sailing. The course will emphasize seamanship, navigation, and self-reliance more, and pure boat-speed less. Each participant's endurance, self-reliance, and courage will be challenged as it rarely can be in this modern age.

Because the completion of this race is a singular accomplishment, all who finish will be winners of the event.

Sponsorship

The race is entirely organized and supported by amateur sailors who intend the race as non-profit sporting event. The race is sponsored by the Goat Island Yacht Club, Ltd. and by the Carlsberg Brewery Limited.

The rules and sailing instructions are published by the race committee who reserve the right to amend or add to the rules at any time up to the start of the race, such amendments being immediately promulgated to all entrants. Additional instructions will, in any case, be issued by the committee at the skipper's meeting, attendance at which is required for all entrants.

Calendar

August 7, 1987—Close of Entries

August 2, 1987—Final day for completing qualifying sail

August 13, 1987—10 am to 7 pm, Inspection of yachts & equipment

—7 pm, Skipper's Meeting, Museum of Yachting

—8 pm, Singlehanded Hall of Fame Tour, Museum of Yachting

August 14, 1987—11 am to 7 pm, Starts.

August 15, 1987—Finishes

August 15, 1987—7 pm: Dinner and awards presentation, Goat Island

Race Committee

Steve Black

Peggy Wood

Jim Holman

Ron Dwelle

George Pike

Mary Beth Pike

JoEllen Schneider

and other members of the Goat Island
Yacht Club

Purpose of Race

Carlsberg SOLO/TWIN is intended to encourage competition in the tradition of singlehanded and shorthanded sailing and passagemaking. While recognizing the inherent danger in the sport, the race is organized to promote and help develop techniques and equipment which will foster safe and seamanlike shorthanded sailing.

Responsibility

The decisions to enter, to start, and to continue racing are entirely the participant's. Every participant must recognize the risk inherent in such a venture and take full responsibility for the safety and well being of themselves, their vessels, and other people and vessels they may encounter during the event.

Participants are expected to be self sufficient and to be prepared to handle any emergencies that may occur without outside assistance.

By electing to participate, each participant agrees to indemnify and hold harmless the race committee, The Goat Island Yacht Club, its officers and members, Carlsberg Brewery Limited, and all affiliated parties from any loss or damage to his or her person or property.

The "Notice of Races" and "Equipment List," published separately, are considered part of these sailing instructions. A copy of these sailing instructions must be carried during the race.

Description of Race

The Course will be 110 miles, starting and finishing in Newport Harbor, off Goat Island. From the start, the course is northward, around Conanicut Island, leaving the island to port; thence to Brenton Reef Tower, leaving it to port; thence around Southwest Shoal buoy R2, three miles south of Nomans Land, leaving the buoy to starboard; thence around Block Island, leaving the island to starboard; thence to the finish line.

It is not the intention of the race committee to prescribe piloting or navigation techniques to the participants, but attention is directed to the many navigational hazards marked by government buoys along the course.

Awards

Award presentations will be made at the dinner, Saturday, August 15, 7 pm.

Placings will be determined by the order of crossing the finish line. First, second, and third place awards will be made in each division. A participation award will be presented to all finishers who place after third. Trophies will be awarded for the first **Carlsberg SOLO** boat and for the first **Carlsberg TWIN** boat across the finish line.

The race committee reserves the right to provide additional awards for exceptional seamanship or sportsmanship.

Check-In and Registration, Thursday, August 13

Each entrant must check-in with the race committee no later than 6 pm. Boats must be made available for inspection no later than 7 pm. Entrants are encouraged to contact the race committee as early as possible in the day.

The race committee will be on duty from 10 am, in Newport. The committee will be monitoring VHF channel 72 for those arriving by boat. Call "Solo/Twin Race Committee."

Attendance at the skipper's meeting, 8 pm, is mandatory for all participants. Additional information on the start and finish will be provided at that meeting.

Moorage & Dockage

The race committee will try to assist participants in locating moorings, anchorage, or dockage; however, participants are encouraged to make arrangements as far in advance as possible, recognizing the seasonal crowding of Newport harbor. Race headquarters will be at Goat Island.

Entrants unfamiliar with Newport should contact the race committee (401-849-5770) for information on facilities, groceries, motels, etc.

Special Rules of the Start.

Backwards Start. The race will feature a “backwards start,” which differs from conventional starts. In conventional racing among dissimilar boats, all boats start together. At the finish, handicap time-allowances are subtracted from actual elapsed time to yield corrected times which determine the winner.

In a backwards start, the handicap time-allowances are applied to a boat’s time at the start of the race rather than at the finish: that is, the boats start at staggered intervals. If the handicaps are fair and all boats are sailed equally well, they should then cross the finish line at exactly the same time. Or, to put it another way, the order in which the boats cross the finish line will be the order of placings, with handicap times already accounted for.

Handicaps. Recognizing that singlehanded and doublehanded cruising boats are not sailed at full efficiency, PHRF ratings will be adjusted as follows for the monohulls.

PHRF ratings will first be multiplied by 1.25. The shortest LWL (waterline length in feet) entered will be subtracted from your boat’s waterline length. The resulting figure will be doubled and subtracted from your PHRF rating (Carlsberg TWIN boats) or tripled and subtracted from your PHRF rating (Carlsberg SOLO boats). The resulting figure will be multiplied by 110 (race distance) to give the handicap time in seconds for your boat. To determine starting time, subtract the first boat’s handicap time from your handicap time. Your start will be that many seconds (rounded off to the nearest five minutes) following the first boat to start. Depending on handicaps, the first **Carlsberg SOLO** boat will start between 11 am and noon. The first **Carlsberg TWIN** boat will start between noon and 1 pm.

Multihulls will use the Greene performance handicaps of the New England Multihull Association.

Starting Rules

Each yacht will be given a specific starting time (for example, 12:40 pm), before which she may not start. A yacht which starts prematurely must either return and start properly or be assessed a penalty of 30 minutes plus the amount of time she started early. Each yacht must indicate that she is within 5 minutes of her scheduled start by hoisting her racing pennant (see “Pennant” following). USYRU racing rules will apply only between yachts that are properly flying their racing pennants.

Official Time for starting will be established by the following sequence of flags, flown from the race-committee boat or station. Sound signals will be used to draw attention to the flags, but the flags represent official times. Flags will be raised precisely at 15-minute intervals, remaining hoisted for 14 minutes, and being lowered 60 seconds before the next flag is raised. Yachts should time their starts with respect to the flags.

Starting Sequence

- A **white flag** will be raised exactly **ON THE HOUR** (10 am; 11 am, etc.)
- A **blue flag** will be raised exactly **15 MINUTES AFTER THE HOUR** (10:15; 11:15, etc.)
- A **red flag** will be raised exactly **ON THE HALF HOUR** (10:30; 11:30, etc.)
- A **yellow flag** will be raised exactly **45 MINUTES AFTER THE HOUR** (10:45; 11:45; etc.)

The committee will attempt to notify premature starters by radiotelephone and to sound each individual start time by horn, but the responsibility to start correctly is entirely the racers.

During the Race

Pennant. During the race, every yacht is required to fly a racing pennant (**Carlsberg SOLO** yachts: Numeral 1, red circle on white background. **Carlsberg TWIN** yachts: Numeral 2, white circle on blue background.) The pennant should be flown from the backstay approximately six feet from deck level. The pennant must be hoisted five minutes before the yacht's scheduled starting time and flown throughout the race.

Race Log. Each entrant must keep a race log in which must be recorded:

- The time of rounding Southwest Shoal Buoy R2; the time abeam Block Island Southeast Light; and the time of finishing.
- Radio contact with other competitors (see "Reporting" following).
- The times and duration of engine operation.
- Any other information which the entrant deems pertinent.

If requested, entrants must surrender the race log to the race committee at the conclusion of the race. Any race logs thus surrendered will eventually be returned to the entrant.

* **Reporting.** Competitors are required to attempt to make radio contact with other participants (VHF channel 72) at 0200, 0800, 1400, and 2000 hours during the race. The radio is to be monitored for 15 minutes at the aforementioned times. Approximate location and any other pertinent information should be exchanged once contact is made. At all other times, competitors are encouraged to monitor VHF channel 16.

* Approximately 30 minutes prior to finishing, each competitor should attempt to contact the race committee (VHF Channel 72). Communication among participants should be made only on Channel 72, except in the case of emergencies. No participant may arrange contact with non-participants which would benefit them to the exclusion of other competitors.

Time Limit

To qualify as a finisher, a yacht must cross the finish line within 48 hours of the first yacht to finish. The race committee will be on station at the finish line until 6 pm Saturday or until 6 hours after the first yacht finishes, whichever is sooner. After the race committee leaves the finish line, any yacht which then finishes must record her time and report it to the race committee at the earliest opportunity.

Seamanship

The race committee stresses that the spirit of this race is to complete a safe and seamanlike passage. The fact that a race event is being held does not condone unseamanlike conduct in maintaining a proper lookout or in conditions of fog, traffic, or fatigue.

(7/1/87)

Carlsberg TWIN
The 1987 New England Doublehanded Championship

Goat Island Yacht Club Ltd
August 14, 1987

APPLICATION FOR ENTRY

NAMES _____ (Entrants will be listed alphabetically as co- skippers
_____ Please use only one address and phone.)

ADDRESS _____ PHONE _____ (days)
_____ (nights)

YACHT NAME _____
MODEL (e.g., Ranger 27) _____ LWL _____

STATEMENT:

We have read the notice of race and agree to abide by the conditions set forth therein.
We understand the inherent risk and, by electing to participate, we agree to indemnify
and hold harmless the organizers and their associated parties for any loss or damage to
our persons or property.

(signature of entrant)

(signature of entrant)

(signature of owner, if different)

For this application to be complete, you must include:

- 1) Your completed APPLICATION FOR ENTRY.
- 2) A current PHRF certificate for your boat. These will be accepted later than the entry, up to August 2, 1987.
- 3) A statement of your qualifications, including evidence of a qualifying passage. Evidence of passage will be accepted later than the entry, up to August 2, 1987.
- 4) A check in the amount of \$40 made out to Goat Island Yacht Club Ltd.

Applications will be considered in the order they are received by the race committee until the maximum number of entrants is accepted. The committee reserves the right to reject any application for any reason it deems sufficient.

Mail the above material, so that it is received by August 7, 1987, to:

Carlsberg SOLO/TWIN
PO Box 1277
Newport, RI 02840

Carlsberg SOLO
The 1987 New England Singlehanded Championship

Goat Island Yacht Club Ltd
August 14, 1987

APPLICATION FOR ENTRY

NAME _____ PHONE _____ (days)
_____ (nights)

YACHT NAME _____
MODEL (e.g., Ranger 27) _____ LWL _____

STATEMENT:

I have read the notice of race and I agree to abide by the conditions set forth therein. I understand the inherent risk and, by electing to participate, I agree to indemnify and hold harmless the organizers and their associated parties for any loss or damage to my person or property.

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