



# 2010 Offshore 160 Singlehanded Challenge

Friday, July 16 - Sunday, July 18

Co-Sponsored by Goat Island Yacht Club, Ltd. and Newport Yacht Club  
Newport, Rhode Island

## SAILING INSTRUCTIONS

Recommended Charts: 13205; 13218

### 1. Rules

1.1 The race is organized by Goat Island Yacht Club, Ltd. and Newport Yacht Club. The race will be governed by Racing Rules of Sailing (RRS) 2009-2012, the prescriptions of *USSailing* Racing Rules, the Rules of the Road (refer to Coast Guard COLREGS), the Notice of Race and these Sailing Instructions, including any additions, changes or amendments to any of the aforementioned.

### 2. Entries

2.1 Eligible yachts may be entered by completing registration with the organizing authority, 2010 OFFSHORE 160 Singlehanded Challenge, c/o Newport Yacht Club, 110 Long Wharf, Newport, RI 02840.

### 3. Notices to Competitors

3.1 Notices to competitors will be posted on the official event notice board at Newport Yacht Club.

### 4. Changes in Sailing Instructions/Skippers' Meeting

4.1 Additional sailing instructions or changes to the sailing instructions will be issued by the Race Committee at the Skippers' Meeting.

4.2 The Skippers' Meeting will be held at Newport Yacht Club at 0900 hours on Friday, July 16. Attendance of the Skippers' Meeting is mandatory for all skippers.

### 5. Schedule of Race

5.1 The Warning Signal for the first class will be at 1150 hours on Friday, July 16.

5.2 Scratch sheets with the lists of classes and class starting times will be distributed at the Skippers' Meeting.

### 6. The Course

6.1 All classes will sail the same course. Individual Class Numeral Code Flags will be raised at the Warning Signal for each class, and be lowered at the start of that class per RRS Rule 26.

#### 6.2 COURSES

Course A: From the starting area, south of Rose Island and the Newport Bridge and west of Goat Island, entrants will proceed to the following marks in this order:

1. to R"2" FL R 4s WHIS buoy south of Point Judith, leaving it to port;
2. to R"2" FL R 4s WHISTLE buoy south of Nomans Land, leaving it to starboard;
3. to Y ODAS "44017" Fl(4) Y 31s PA (40° 41'20"N, 72° 02' 52"W) (Light List # 665) buoy south of Montauk Point, leaving it to starboard;
4. to RW "A" Mo(A) Horn RACON buoy southeast of Block Island, leaving it to port;
5. thence to the finish line at R"2", Brenton Reef at the entrance to Narragansett Bay.

The distance: 160 NM.

Course B: From the starting area, south of Rose Island and the Newport Bridge and west of Goat Island, entrants will proceed to the following marks in this order:

1. to RW "A" Mo(A) Horn RACON buoy southeast of Block Island, leaving it to starboard;
2. to Y ODAS "44017" Fl(4) Y 20s PA (40° 41'20"N, 72° 02' 31"W) (Light List # 665) buoy south of Montauk Point, leaving it to starboard;
3. to RW "A" Mo(A) Horn RACON buoy southeast of Block Island, leaving it to port;
4. thence to the finish line at R"2", Brenton Reef at the entrance to Narragansett Bay.

The distance: 118 NM

Course RA: From the starting area entrants will proceed to the following marks in this order:

1. to RW "A" Mo(A) Horn RACON buoy southeast of Block Island, leaving it to starboard;
2. to Y ODAS "44017" Fl(4) Y 20s PA (40° 41'20"N, 72° 02' 31"W) (Light List # 665), leaving it to port;
3. to R"2" FL R 4s WHISTLE buoy south of Nomans Land, leaving it to port;
4. to R"2" LF R 4s WHIS buoy south of Point Judith, leaving it to starboard;
6. thence to the finish line at R2, Brenton Reef at the entrance to Narragansett Bay.

The distance: 160 NM.

6.3 The Race Committee will display the International Code Flag "A" or "B", or "R" over "A" to signal the selected course. The flag(s) will be made with the CLASS warning signal.

## **7. The Start**

7.1 All yachts shall rendezvous west of Goat Island. Yachts may be asked to follow the Race Committee Boat to an alternative starting area. The starting line will be between an orange flag on the race committee boat at the starboard end of the line and an inflatable marker buoy.

7.2 Races will be started in accordance with RRS Rule 26. Classes will start at 10-minute intervals with a sound signal made at the Warning, the Preparatory, Preparatory down and the Start.

7.3 The Starting Signal will be the Warning for the next class to start, and will be signified by the raising of the appropriate Class Numeral Code Flag. The Preparatory Signal will follow six minutes later.

7.4 Yachts whose Warning Signal has not been made shall keep clear of the starting area and of all yachts whose Warning Signal has been made.

7.5 One end of the Starting line will be the committee boat which may have an orange buoy attached to its stern by a line (keep off buoy). The orange buoy and its attachment line are parts of the mark.

## **8. Recalls**

8.1 Individual Recalls will be signaled by International Code Flag "X" and one sound signal for yachts over early. The Race Committee will attempt to notify each yacht recalled via VHF on Channel 72. However, it is each yacht's individual responsibility to start correctly.

8.2 General Recall will be signaled by International Code Flag "First Substitute", accompanied by two sound signals, and indicates that the class is recalled for a new start. The last sentence of *The Racing Rules of Sailing Rule 29.3* is replaced by the following. A recalled class will not start until after all subsequent classes in the original starting sequence. The warning signal for the recalled class will be the start of the last scheduled class. If there is more than one general recall, class order will be maintained with the warning signal of each general recalled class being the start of the previously recalled class.

## **9. Postponements**

9.1 Postponement will be indicated by International Code Flag "AP" (Answering Pennant) accompanied by two sound signals. One minute after the lowering of International Code Flag "AP", which will be accompanied by one long sound signal, the Warning Signal of the next class will be made.

## **10. Race Log/Acknowledgment of Proper Course Completion**

10.1 Each entrant must keep a complete and legible Race Log, which is provided with these sailing instructions. In this Race Log, the following must be recorded:

- The rounding time of each mark of the yacht's course;
- The time of the yacht's finish;
- Radio contact with fellow OFFSHORE160 competitors to report each mark rounding;
- Times and duration of engine operation;
- Any other information which the entrant deems pertinent.

10.2 Each entrant must sign and surrender his/her Race Log/Acknowledgment of Proper Course Completion (included with these Sailing Instructions) to a Race Committee Officer at Newport Yacht Club by 1000 hours on Sunday, July 18 **OR** within three (3) hours of the yacht's finish, whichever time is later. The Race Log/Acknowledgment sheet must be signed by the skipper. If the completed Race Log/Acknowledgment sheet is not received by the yacht's deadline, the entrant will be scored as DNF.

In the absence of a Race Committee Officer and a formal Duty Desk, the Race Log/Acknowledgment of Proper Course Completion may be turned into the OFFSHORE COMMITTEE mail slot at the Newport Yacht Club (opposite Club Office). The time of drop-off should be noted somewhere on the Race Log.

10.3 Entrants are not required to contact the Race Committee with their finish times, nor will the Race Committee contact any entrants for finish times. Skippers are solely responsible for taking their own finishes, recording them on and turning in their Race Logs.

## **11. Check-In Prior to Start and Radio Reporting During the Race**

11.1 Prior to the first Warning Signal, each competitor is requested to check-in with the race committee by sailing across the committee boat's stern. After the first Warning Signal, competitors may check-in with the committee as they enter the starting area for their starting sequence only. Failure to check in will not be grounds for disqualification.

11.2 Each competitor is required to attempt to make radio contact with fellow competitors (VHF channel 72) within 15 minutes before or after each mark rounding, reporting which mark of the course the vessel is rounding. At all other times, competitors are encouraged to monitor VHF channel 16.

11.3 Each competitor should also attempt to contact the Race Committee approximately 30 minutes before his/her expected finish. OFFSHORE160 Race Committee will be monitoring VHF Channel 72 for the duration of this race; they will also stand by the Newport YC telephone (401-846-9410 and dial 6) to get the Offshore Duty Desk; use of cell phones is allowed. You can leave a message should no one answer.

11.4 If competitors wish to engage in "chats," it is requested that they switch off to another channel and keep VHF Channel 72 free for reporting purposes.

## **12. Withdrawals**

12.1 In the event a vessel withdraws from the race for whatever reason, the skipper is strongly urged to attempt to notify the Race Committee on VHF Channel 72 (or by telephone, if available at 401-846-9410) immediately. In the event that the Race Committee cannot be raised, the skipper should make reasonable attempts to contact fellow competitors so that withdrawal information may then be relayed to the Race Committee.

### **13. The Finish**

13.1 The finishing line will be at R2 (at the entrance to Narragansett Bay), at a distance not to exceed 1/2 mile.

13.2 Each yacht is required to take the GPS time of her own finish when R2 bears 110° magnetic, and enter that time into the vessel's Race Log.

### **14. Time Limit**

14.1 There will be no time limit for this race.

### **15. Scoring**

15.1 Ratings will be applied Time-On-Time to determined class finish positions.

### **16. Protests/Prizes**

16.1 Protests shall be submitted on standard protest forms (available at Newport Yacht Club) and filed with a race official at the event duty desk in accordance with Part 5 - Protests, Redress, Hearings, Misconduct and Appeals, Sections A and B of the Racing Rules of Sailing. Protests must be received by 1000 hours on Sunday, July 13 or within three hours of the protesting yacht's finish, whichever time is later. Protests will be heard in the approximate order of their receipt. Decisions of the jury will be final, in accordance with RRS Rule 64.1.

16.2 Prizes will be awarded to each yacht placing first, second and third in each class.

### **17. Radio Communication**

17.1 All communication with the OFFSHORE 160 race committee shall be over VHF channel 72.

17.2 Newport Yacht Club will be the central headquarters for the regatta, with monitoring of radio communications via VHF channel 72 and the telephone (401-846-9410).

### **18. Safety/Engines**

18.1 Engines may be used to charge batteries, to render assistance to another entrant, and to avoid loss of or potential damage to your vessel but they may not be used to further a vessel's position. Notification of any engine use must be recorded in the vessel's Race Log.

18.2 A safety harness must be worn and attached to the yacht from the time the yacht leaves the dock or mooring before the start, until it is secured after finishing, except when the skipper is below decks. Jack line requirements must be installed and used as stated in the Addendum.

### **19. Seamanship**

19.1 The OFFSHORE 160 Event Organizers and Race Committee stress that the spirit of this race is to complete a safe and seamanlike passage. That this is a race event does not condone unseamanlike conduct. Yachtsmen must maintain adequate lookout in all conditions including fog, traffic, and their own fatigue..

### **20. Movable Ballast**

20.1 Yachts rated on their PHRF certificate with movable ballast (water or canting keels) shall comply with ISAF Special Regulations, Appendix K (Movable and Variable Ballast). Yachts will sail in full compliance with RRS 51 except RRS 51 is modified to allow the moving of the declared water ballast or canting keel ballast ONLY. All other movable ballast as defined in RRS 51 shall be subject to that rule. This changes RRS 51.

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