



Newport Yacht Club

Chartered 1894
P.O. Box 488
Newport, Rhode Island 02840
401-846-9410

SAILING INSTRUCTIONS 2005 ONE DESIGN SERIES

1. RULES

Racing will be governed by the 'rules' as defined in: (1) the *Racing Rules of Sailing (RRS) 2005-2008*, including the prescriptions of U.S. Sailing; (2) Class Association rules for One-Design classes; (3) these Sailing Instructions; and any amendments thereto. This is a Club event. Other yacht clubs or sailing association members are invited to enter.

2. ELIGIBILITY:

- 2.1 Boats that have completed the registration requirements with the Newport Yacht Club (NYC) shall become eligible boats.
- 2.2 A boat will become an eligible boat once it has properly registered with the Newport Yacht Club by completing a Newport Yacht Club 2005 Registration form and has paid the registration fee.
- 2.3 To compete and be scored, a boat must be an eligible boat.
- 2.4 The Newport Yacht Club will provide a separate start for any one-design class with five or more yachts, which are properly registered by May 22, 2005.

3. NOTICES TO COMPETITORS AND CHANGES TO THE SAILING INSTRUCTIONS

Notices to competitors and changes to the sailing instructions will be posted on the Regatta Bulletin Board located at the Newport Yacht Club and may be posted on the NYC web site at <http://www.newportyachtclub.org>.

4. SCHEDULE OF RACES

The Summer One Design Series will begin on June 7, 2005 and continue on each following Tuesday through August 30, 2005.

5. RACE COMMITTEE SIGNALS

5.1 SIGNALS MADE ASHORE

- 5.1.1 Signals made ashore will be hoisted on the flagstaff at the Newport Yacht Club and broadcast on VHF Channel 73 at or before 1700 hours.
- 5.1.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.
- 5.1.3 Code flags "N" over "A" means "All racing is abandoned, No more racing today." followed with 3 sound signals.

5.2 STARTING AREA SIGNALS

- 5.2.1 Starting signals will be made in accordance with the RRS Rule 26.
- 5.2.2 The scheduled time for the warning signal for the first race each day is 1800 hours. Course(s) will be displayed on the starboard side of the Race Committee Boat. Information for each Class reads top to bottom below the numeral or class insignia for each class.
- 5.2.3 Code flags "N" over "A" followed by 3 sound signals means "All racing is abandoned, No more racing today."

- 5.2.4 The starting line will be between the orange flag or shape on the race committee boat, and the port end-starting pin or shape.
- 5.2.5 Boats whose **Warning** signal has not been made shall keep clear of the starting area.
- 5.2.6 A boat shall not start later than 2 minutes after its starting signal.
- 5.2.7 **TWO OR MORE** boats of the same class must appear in the starting area for a race to be started for that class.
- 5.2.8 Once a boat has properly started, she may not sail through the start/finish line other than to finish, unless the start/finish pin is also a mark of the course.
- 5.2.9 At its option, the Race Committee may communicate with competitors using VHF Channel 73.

5.3 CLASS DESIGNATORS AND FLAGS

Class	Designator	Flag
Etchells	E22	Pennant 1 or Etchells Class Flag
Yingling	*Y*	Pennant 2 or Yingling Class Flag
J22	J22	Pennant 3 or J22 Class Flag
Ensign	*E*	Pennant 4 or Ensign Class Flag
420	*S*	Pennant 5
Alerion	*A*	Pennant 6

5.4 STARTING SEQUENCE

- 5.4.1 The starting sequence is as indicated below. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.
- 5.4.2 Each class start is independent of another. A short delay may take place between class starts.

Signal	Flag and Sound	Minutes Before Starting Signal
Warning	Class Flag; 1 sound	3
Prep	P, I, Z, Z+I or black flag; 1 sound	2
Start	Preparatory flag removed; 1 sound	1
Start	Class flag removed; 1 sound	0

6. RACING AREA

The starting line will be located in the area between Goat and Rose Island.

7. THE COURSES

- 7.1 Course will generally be selected from the 1998/2000 South Bay Racing chart. The course for each class will be posted under its designator on the committee boat.
- 7.2 The race committee has the option to select courses which are not listed on the racing chart. In this option, code flag "O" (red/yellow diagonal) will be displayed. Instead of a course number from the racing chart, individual marks, as described on the racing chart, will be posted under the class designator on the committee boat. When these optional courses are used, all marks will be rounded to port.
- 7.3 A number 2 (two) in parentheses under a course indicates that the entire course is to be sailed twice around. However, this does not include sailing through the start/finish line at the end of the first lap, unless the start finish pin is also a mark of the course.

7.4 Except as noted (7.4.1), all government aides to navigation **MUST** be observed, except in the leg of a race where it is used as a turning mark in which case rounding of the mark will be defined by the course identified for that race. **REMINDER: Narragansett Bay is a restricted waterway for commercial shipping.**

7.4.1 When not used as marks of the course, Mark 6 (“3”Bell SE Rose Island) and mark Q (“9”Bell Ft. Wetherill) may be passed on either side.

7.5 Competitors shall not sail between any of the rocks in the area of the dumplings, these rocks and Jamestown shore, the rock near Fort Wetherill and the Jamestown shore, or the rock east of Rose Island and Rose Island. Competitors shall not sail between Rose Island and the Newport Bridge.

8. STARTING ADDITIONAL RACES

If conditions permit, the Race Committee may run additional races. To indicate additional racing, code flag "R" (red with the yellow cross) will be flown beneath the “RC” flag on the starboard side of the committee boat at the end of the previous race. The next start will apply to the class(es) whose designator and course is (are) posted on the course board at the warning signal.

9. TIME LIMIT

The first boat in a class must finish before 30 min. after sunset; any boat not finishing within 30 minutes after the first boat will be scored DNF.

10. THE FINISH

The finish line will be between the orange flag/shape on the race committee boat, and the nearby mark.

12. PENALTIES

12.1 Immediately after finishing the race, any boat acknowledging a penalty must notify the Race Committee and identify the boat that was fouled.

12.2 **ALTERNATIVE PENALTIES** - The Two-Turns Penalty as described in the *Racing Rules of Sailing 2005-2008, Rules 44.1 and 44.2*, amended to require a boat which has accepted an Alternative Penalty and done her turns to advise the race committee after finishing.

13. PROTESTS

13.1 Protests shall be filed at the Newport Yacht Club within 2 hours of the boats finishing time. Protest forms are available at the Newport Yacht Club. Protestors will give the completed forms to a member of the race committee so as to guarantee proper custody of the form.

13.2 A protesting boat must display a red protest pennant and notify the Race Committee upon finishing its race.

14. SCORING

14.1 Races will be scored using the low point system of the *RRS Appendix A, A4 (Low Point and Bonus Systems)*.

14.2 Each yacht entered in a series shall be scored for each race started by the race committee and not subsequently abandoned.

14.3 A yacht's series score shall be the sum of her race scores for the 60% of her scores for which she had the lowest score. That is, the 3 lowest out of 5, 4 of 6, 5 of 7, 5 of 8, etc. An exception is that all scores resulting from disqualifications shall be counted as part of the 60%.

14.4 No unregistered boat will be scored.

15. SPECIAL INSTRUCTIONS

15.1 **LAY DAYS** - Any lay days during the Series applying to a specific class or design shall be determined by the fleet captain of that class or design and submitted to the NYC Regatta Committee at least two weeks prior to such lay day.

15.2 **CHECKING IN** - Each boat should sail by the race committee before the preparatory signal to identify by voice the boat sail number and class in which it will be racing.

15.3 **WITHDRAWAL** - Yachts withdrawing from a race shall so inform the race committee as soon as possible on Channel 73. Any yacht without a radio will report their withdrawal to the Dock Office upon arrival and ask to have the information relayed to the Race Committee. Failure to comply may result in disqualification.

15.4 **TRASH** - Discard of any trash into the water while racing is grounds for possible disqualification.