



# Newport Yacht Club

Chartered 1894  
P.O. Box 488  
Newport, Rhode Island 02840  
401-846-9410

---

## SAILING INSTRUCTIONS 2003 ONE DESIGN SERIES \* Revised May 29, 2003 \*

---

### 1. RULES

Racing will be governed by the 'rules' as defined in: (1) the Racing Rules of Sailing (RRS) for 2001-2004, including the prescriptions of U.S. Sailing; (2) Class Association rules for One-Design classes; and any amendments thereto. This is a Club event. Other yacht clubs or sailing association members are invited to enter.

### 2. ELIGIBILITY:

- 2.1 Boats that have completed the registration requirements with the Newport Yacht Club shall become an Eligible boats.
- 2.2 A boat will become an eligible boat once it has properly registered with the Newport Yacht Club by completing a Newport Yacht Club 2003 Registration form and has paid the registration fee.
- 2.3 To compete and be scored, a boat must be an eligible boat.
- 2.4 The Newport Yacht Club will provide a separate start for any one-design class with five or more yachts, which are properly registered by May 30, 2003.

### 3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Regatta Bulletin Board located at the Newport Yacht Club and posted on the NYC web site at <http://www.newportyachtclub.org>.

### 3.1 SCHEDULE OF RACES

The Summer One Design Series will begin on June 3, 2003 and continue on each following Tuesday through August 26, 2003.

### 4. CHANGES IN THE SAILING INSTRUCTIONS

Any change in the Sailing Instructions will be posted before 1600 hours on the day it will take effect.

### 5. RACE COMMITTEE SIGNALS

#### 5.1 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be hoisted on the flagstaff at the Newport Yacht Club and broadcast on VHF Channel 78 at or before 1700 hours.

When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.

Code flags "N" over "A" means "All racing is abandoned, No more racing today." followed with 3 sound signals.

#### 5.2 STARTING AREA SIGNALS

- 5.2.1 Starting signals will be made in accordance with the RRS Rule 26.
- 5.2.2 The scheduled time for the warning signal for the first race each day is 1800 hours. Course signals will be displayed on the starboard side of the Race Committee Boat. Information for each Class reads top to bottom below the numeral or class insignia for each class.  
Code flags "N" over "A" means "All racing is abandoned, No more racing today." followed by 3 sound signals.

- 5.2.4 The starting line will be between the orange flag or shape on the race committee boat, and the port end-starting pin or shape.
- 5.2.5 Boats whose **Warning** signal has not been made shall keep clear of the starting area.
- 5.2.6 A boat shall not start later than 2 minutes after its starting signal.
- 5.2.7 **TWO OR MORE** boats of the same class must appear in the starting area for a race to be started for that class.  
Once a boat has properly started, she may not sail through the start/finish line other than to finish.

### 5.3 CLASS DESIGNATORS AND FLAGS

Class	Designator	Flag
Etchells	E22	Pennant 1 or Etchells Class Flag
Yingling	*Y*	Pennant 2 or Yingling Class Flag
J22	J22	Pennant 3 or J22 Class Flag
Ensign	*E*	Pennant 4 or Ensign Class Flag
420	*S*	Pennant 5

### 5.4 STARTING SEQUENCE

- 5.4.1 The starting sequence is as follows. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.  
Each class start is independent of another. A short delay may take place between class starts.

Signal	Flag and Sound	Minutes Before Starting Signal
Warning	Class Flag; 1 sound	5
Prep	P, I, Z, Z+I or black flag; 1 sound	4
Start	Preparatory flag removed; 1 sound	
Start	Class flag removed; 1 sound	0

### 6. RACING AREA

The starting line will be located in the area between Goat and Rose Island.

### 7. THE COURSES

- 7.1 Course will generally be selected from the 1998/2000 South Bay Racing chart. The course for each class will be posted under its designator on the committee boat.
- 7.2 The race committee has the option to select courses which are not listed on the racing chart. In this option, code flag "O" (red/yellow diagonal) will be displayed. Instead of a course number from the racing chart, individual marks, as described on the racing chart, will be posted under the class designator on the committee boat. When these optional courses are used, all marks will be rounded to port.
- 7.3 A number 2 (two) in parentheses under a course indicates that the entire course is to be sailed twice around.
- 7.3 All government aides to navigation **MUST** be observed, except in the leg of a race where it is used as a turning signal in which case rounding of the mark will be defined by the course identified for that race. **REMINDER: Narragansett Bay is a restricted waterway for commercial shipping.**



## 8. **STARTING ADDITIONAL RACES**

If conditions permit, the Race Committee may run additional races. To indicate additional racing, code flag "R" (red with the yellow cross) will be flown beneath the "RC" flag on the starboard side of the committee boat at the end of the previous race. The next start will apply to the class(es) whose designator and course is (are) posted on the course board at the warning signal.

## 9. **TIME LIMIT**

The first boat in a class must finish before 30 min. after sunset; any boat not finishing within one hour after sunset will be scored DNF.

## 10. **THE FINISH**

The finish line will be between the orange flag/shape on the race committee boat, and the nearby mark.

## 12. **PENALTIES**

12.1.1 Immediately after finishing the race, any boat acknowledging a penalty must notify the Race Committee and identify the boat that was fouled.

12.1.2 **ALTERNATIVE PENALTIES** - 720 degree turns as described in the Racing Rules of Sailing 2001-2004, including the prescriptions of US Sailing Part 4 Rule 44.1 and 44.2, amended to require a boat which has accepted an Alternative Penalty and done her turns to advise the race committee after finishing.



## 13. **PROTESTS**

13.1 Protests shall be filed at the Newport Yacht Club within 2 hours of the boats finishing time. Protest forms are available at the Newport Yacht Club. Protestors will give the completed forms to a member of the race committee so as to guarantee proper custody of the form. A protesting boat must display a red protest pennant and notify the Race Committee upon finishing its race.

## 14. **SCORING**

14.1 Races will be scored using the low point system of the RRS Appendices, Section I, Appendix A.

14.2 Each yacht entered in a series shall be scored for each race started by the race committee and not subsequently abandoned.

A yacht's series score shall be the sum of her race scores for the 60% of her scores for which she had the lowest score. That is, the 3 lowest out of 5, 4 of 6, 5 of 7, 5 of 8, etc. An exception is that all scores resulting from disqualifications shall be counted as part of the 60%.

No unregistered boat will be scored.

## 15. **SPECIAL INSTRUCTIONS**

15.1 **LAY DAYS** - Any lay days during the Series applying to a specific class or design shall be determined by the fleet captain of that class or design and posted at the NYC at least two weeks prior to such lay day.

15.2 **CHECKING IN** - Each boat should sail by the race committee before the preparatory signal to identify by voice the boat sail number and class in which it will be racing.

15.3 **WITHDRAWAL** - Yachts withdrawing from a race shall so inform the race committee as soon as possible on Channel 78. Any yacht without a radio will report their withdrawal to the Dock Office upon arrival and ask to have the information relayed to the Race Committee. Failure to comply may result in disqualification.

15.4 **TRASH** - Discard of any trash into the water while racing is grounds for disqualification.