



Newport Yacht Club

Chartered 1894
P.O. Box 488
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SAILING INSTRUCTIONS 2001 ONE DESIGN SERIES

1. RULES

Racing will be governed by the 'rules' as defined in: (1) the Racing Rules of Sailing (RRS) for 2001-2004, including the prescriptions of U.S. Sailing; (2) Class Association rules for One-Design classes; and any amendments thereto. This is a Club event. Other yacht clubs or sailing association members are invited to enter.

2. ELIGIBILITY:

- 2.1 Boats that have completed the registration requirements with the Newport Yacht Club shall become an Eligible boats.
- 2.2 A boat will become an eligible boat once it has properly registered with the Newport Yacht Club by completing a Newport Yacht Club 2001 Registration form and has paid the registration fee.
- 2.3 To compete and be scored, a boat must be an eligible boat.
- 2.4 The Newport Yacht Club will provide a separate start for any one-design class with five or more yachts, which are properly registered by June 5, 2001.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the Regatta Bulletin Board located at the Newport Yacht Club and posted on the NYC web site at <http://www.newportyachtclub.org> .

4. CHANGES IN THE SAILING INSTRUCTIONS

Any change in the Sailing Instructions will be posted before 1600 hours on the day it will take effect.

5. RACE COMMITTEE SIGNALS

5.1 SIGNALS MADE ASHORE

- 5.1.1 Signals made ashore will be hoisted on the flagstaff at the Newport Yacht Club and broadcast on VHF Channel 78 at or before 1700 hours.
- 5.1.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in race signal AP.
- 5.1.3 Code flags "N" over "A" means "All racing is abandoned, No more racing today." followed with 3 sound signals.

5.2 STARTING AREA SIGNALS

- 5.2.1 Starting signals will be made in accordance with the RRS Rule 26. **PLEASE NOTE THAT SIGNIFICANT CHANGES HAVE BEEN MADE TO THE SEQUENCE OF STARTING SIGNALS. PLEASE READ RULE 26, WHICH THE RACE COMMITTEE WILL BE FOLLOWING FOR THE STARTING SEQUENCE. PLEASE ALSO NOTE THAT EACH STARTING SEQUENCE FOR EACH CLASS IS INDEPENDENT OF THE PREVIOUS CLASS AND THAT TIMING OF THE WARNING FLAG FOR EACH CLASS IS ONLY APPROXIMATE TO THE CLASS BEFORE IT. THEREFORE ,**

EACH CLASS SHOULD TIME ITS START BASED ONLY FROM THE TIME WARNING IS GIVEN FOR ITS CLASS.

- 5.2.2 The scheduled time for the warning signal for the first race each day is 1800 hours. Course signals will be displayed on the starboard side of the Race Committee Boat. Information for each Class reads top to bottom below the numeral or class insignia for each class.
- 5.2.3 Code flags "N" over "A" means "All racing is abandoned, No more racing today." followed by 3 sound signals.
- 5.2.4 The starting line will be between the orange flag or shape on the race committee boat, and the port end-starting pin or shape.
- 5.2.5 Boats whose **Warning** signal has not been made shall keep clear of the starting area and of all boats whose Warning signal has been made.
- 5.2.6 A boat shall not start later than 2 minutes after its starting signal.
- 5.2.7 **TWO OR MORE** boats of the same class must appear in the starting area for a race to be started for that class.

5.3 CLASS DESIGNATORS AND FLAGS

Class	Designator	Flag
Etchells	E22	Pennant 1 or Etchells Class Flag
Yingling	*Y*	Pennant 2 or Yingling Class Flag
J22	J22	Pennant 3 or J22 Class Flag
Ensign	*E*	Pennant 4 or Ensign Class Flag
420	*S*	Pennant 5

5.4 STARTING SEQUENCE

- 5.4.1 The starting sequence is as follows. Times shall be taken from the visual signals; the absence of a sound signal shall be disregarded.
- 5.4.2 Each class start is independent of another. A short delay may take place between class starts.

Signal	Flag and Sound	Minutes Before Starting Signal
Warning	Class Flag; 1 sound	5
Prep	P flag 1 sound	4
Start	Preparatory flag removed; 1 sound	1
Start	Class flag removed; 1 sound	0

6. RACING AREA

The starting line will be located in the area between Goat and Rose Island.

7. THE COURSES

- 7.1 Course will be selected from the 1998/2000 South Bay Racing chart and List. The course for each class will be posted under its designator on the committee boat.
- 7.2 A number 2 (two) in parentheses under a course indicates that the entire course is to be sailed twice around.
- 7.3 All government aides to navigation **MUST** be observed, except in the leg of a race where it is used as a turning signal in which case rounding of the mark will be defined by the course identified for that race. **REMINDER: Narragansett Bay is a restricted waterway for commercial shipping.**

8. RECALLS

- 8.1 The raising of the “X” flag with one long sound signal will signal **Individual Recalls**. The race committee is **not** responsible for notifying the offending boat. The flag will be lowered when all boats are considered clear and/or one minute before the start of the next class.
- 8.2 The raising of the 1st substitute flag with two sound signals will signal a **General Recall**. The flag will be lowered one minute before the start of the next class. The last sentence of the RRS Rule 29.3 is replaced by this paragraph. A recalled class will not start until after all subsequent classes in the original starting sequence. The warning signal for the recalled class will be sounded APPROXIMATELY one minute after the start of the last scheduled class. If there is more than one general recall, class order will be maintained with the warning signal of each general recalled class being sounded APPROXIMATELY one minute after the start of the previously recalled class.

9. POSTPONEMENT

Rule 4.1 "AP" Answering Pennant- Postponement Signal is amended to read: If an AP has interrupted a starting sequence, The **Warning** signal will be made one minute after this signal is lowered. If a new course is signaled during this postponement, code flag "C" will be displayed with a new course signal before the **Warning** signal for a class that has not started.

10. STARTING A SECOND RACE

If conditions permit, the Race Committee will run a second race. Code flag "2" will be flown beneath the “RC” flag on the starboard side of the committee boat at the end of the first race. The second start will apply to the class(es) whose designator and course is (are) posted on the course board at the warning signal. The Race Committee will attempt to call attention to the second race notification by sounding a series of short blasts before hoisting the second race code flag “2” signal.

11. TIME LIMIT

The first boat in a class must finish before 30 min. after sunset; any boat not finishing within one hour after sunset will be scored DNF.

12. THE FINISH

- 12.1 The finish line will be between the orange flag/shape on the race committee boat, and the nearby mark.
- 12.2 *Once a race has been started, no yacht competing in that race may sail through the start/finish line unless starting or finishing its race.*

13. PENALTIES

- 13.1 Immediately after finishing the race, any boat acknowledging a penalty must notify the Race Committee and identify the boat that was fouled.
- 13.2 **ALTERNATIVE PENALTIES** - 720 degree turns as described in the Racing Rules of Sailing 2001-2004, including the prescriptions of US Sailing Part 4 Rule 44.1 and 44.2, amended to require a boat which has accepted an Alternative Penalty and done her turns to advise the race committee after finishing.

14. PROTESTS

- 14.1 Protests shall be filed at the Newport Yacht Club within 24 hours of the boats finishing time, on US SAILING protest forms. Protest forms are available at the Newport Yacht Club. They are to be filed in the locked protest box at NYC.
- 14.2 A protesting boat must display a red protest pennant and notify the Race Committee upon finishing its race.

17. SCORING

- 17.1 Races will be scored using the low point system of the RRS Appendices, Section I, Appendix A.
- 17.2 Each yacht entered in a series shall be scored for each race started by the race committee and not subsequently abandoned.
- 17.3 A yacht's series score shall be the sum of her race scores for the 60% of her scores for which she had the lowest score. That is, the 3 lowest out of 5, 4 of 6, 5 of 7, 5 of 8, etc. An exception is that all scores resulting from disqualifications shall be counted as part of the 60%. DNC is not scored.
- 17.4 No unregistered boat will be scored.

18. SPECIAL INSTRUCTIONS

- 18.1 **LAY DAYS** - Any lay days during the Series applying to a specific class or design shall be determined by the fleet captain of that class or design and posted at the NYC at least two weeks prior to such lay day.
- 18.2 **COMMUNICATING WITH THE RACE COMMITTEE** - Except for checking in there will be no conversation with, nor transfer of paperwork to, the race committee at the starting line.
- 18.3 **CHECKING IN** - As a courtesy, each boat should sail by the race committee before the preparatory signal to identify by voice the boat sail number and class in which it will be racing.
- 18.4 **WITHDRAWAL** - As a courtesy, yachts withdrawing from a race shall so inform the race committee or the dock office by the race time limit if possible. Channel 78 is monitored as a courtesy.
- 18.5 **TRASH** - Discard of any trash into the water while racing is grounds for disqualification.